



<b>Service Delivery Committee</b>	<b>Tuesday, 11 September 2018</b>	<b>Matter for Information</b>
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**Report Title:** Health, Wellbeing & Leisure Services Update (Q1 2018/19)

**Report Author(s):** Avril Lennox MBE (Head of Leisure & Wellbeing Services)

<b>Purpose of Report:</b>	To provide Members with an update on: the Sport & Physical Activity Commissioning Plan; the Borough's leisure contract; Brocks Hill activities; Emergency Planning; Community Engagement and Events.
<b>Report Summary:</b>	This report provides details of the range of projects that have and are taking place across the Borough as well as an update on the Council's leisure contract.
<b>Recommendation(s):</b>	<b>That the contents of the report be noted.</b>
<b>Responsible Strategic Director, Head of Service and Officer Contact(s):</b>	Anne Court (Chief Executive) (0116) 257 2602 <a href="mailto:anne.court1@oadby-wigston.gov.uk">anne.court1@oadby-wigston.gov.uk</a>  Avril Lennox MBE (Head of Leisure & Wellbeing Services) (0116) 257 2673 <a href="mailto:avril.lennox@oadby-wigston.gov.uk">avril.lennox@oadby-wigston.gov.uk</a>
<b>Corporate Priorities:</b>	An Inclusive and Engaged Borough (CP1) Effective Service Provision (CP2) Wellbeing for All (CP5)
<b>Vision and Values:</b>	"A Strong Borough Together" (Vision) Accountability (V1) Respect (V2) Teamwork (V3) Innovation (V4) Customer Focus (V5)
<b>Report Implications:-</b>	
Legal:	There are no implications arising from the report.
Financial:	The implications are as set out in the report.
Corporate Risk Management:	Decreasing Financial Resources (CR1)
Equalities and Equalities Assessment (EA):	There are no implications arising from the report. EA not applicable
Human Rights:	There are no implications arising from the report.
Health and Safety:	There are no implications arising from the report.
<b>Statutory Officers' Comments:-</b>	
Head of Paid Service:	The report is satisfactory.

Chief Finance Officer:	The report is satisfactory.
Monitoring Officer:	The report is satisfactory.
<b>Consultees:</b>	None.
<b>Background Papers:</b>	None.
<b>Appendices:</b>	None.

## **1. Sport and Physical Activity Commissioning Plan**

### **1.1 Leicestershire County Council Public Health and Leicestershire & Rutland Sport funding for 2017/18**

The funding Agreement between LCC and OWBC has been received and signed off. All projects are currently on target. The first quarter achieved 1,129 attendances for targeted interventions across three different projects (LEAP, FLiC and GALs, details below). Monitoring, Evaluation and compliance with financial returns is due in October 2018, which is on track. Regular check and challenge meetings are being held and reporting to LCC in line with requirements.

### **1.2 LEAP and FLiC Weight Management Programmes**

LEAP, adult weight management programme and FLiC, family weight management programme which combines nutritional advice from a dietician and physical activity sessions, has been running successfully since April. Referrals are via health professionals; however individuals or families can self-refer to the relevant schemes.

### **1.3 GALS Project**

The Girls Active Lifestyles (GALS) project, targeting inactive girls aged 9 to 16 years with physical activity sessions, concluded in June. Monitoring and evaluation for this funded project is currently taking place. Early results indicate a positive outcome from the project. The programme culminated with a celebration day at Parklands Leisure Centre.

### **1.4 Falls Prevention - Steady Steps**

One of the highly popular 'Falls' prevention programmes, Steady Steps, has nearly completed. The 24 week exercise programme is for residents aged over 65 at risk of falling. It comprises of tailored seated and standing exercises including balance and endurance, floor exercise, strength exercises using bands/balls/light weights and improving techniques for getting down and up from the floor. Another two programmes will be starting in September, which will address the current waiting list of residents wishing to attend this programme.

### **1.5 External Workplace Health**

Work is currently taking place with Charnwood Foods to improve the health of their employees. The Council's leisure team, working in partnership with Leicestershire and Rutland Sport on this initial 'pilot' scheme, have set up meetings, distributed a staff survey and undertaken additional consultation during Charnwood's annual business review meeting, in order to gain insight and design appropriate interventions.

### **1.6 Consultation**

The leisure team has started the process of meeting with partners to develop a strategy to

consult with local residents, in order to identify ways of improving their current physical activity levels. The consultation will specifically target low socio- economic groups and those who live in areas of deprivation. This key insight will influence and shape future programmes and will provide evidence for funding bids.

## 1.7 **2018 Awards Evening**

The prestigious Oadby and Wigston Awards Evening will take place on Wednesday 21 November 2018, at Parklands Leisure Centre. All Councillors are invited to attend. This event is being held to recognise and celebrate the achievements of our local community. The nomination process, covering a range of sport and physical activity awards, is now open with hard copy nomination forms available via our leisure facilities and OWBC Customer Services. In addition an online application form is available via the Active Oadby Wigston website: <https://www.activeoadbywigston.org.uk/sportsawards2018>

All nominees must either live, attend school, volunteer or represent a club/group from within the Borough of Oadby and Wigston. All Councillors are encouraged to promote the nomination process to residents. The closing date is 8 October 2018.

## 2. **Brocks Hill**

### 2.1 **Brocks Hill Educational School Pupil Visits (April to June)**

Educational opportunities continue to be promoted to local schools. The first quarter target of 360 pupil attendances has been exceeded with a total of 394 attendances.

### 2.2 **Brocks Hill School Holiday Programme (April to June)**

Attendances for the first quarter totalled 148. With July and August still to come, the target of 800 attendances for the year is on track.

## 3. **Emergency Planning**

### 3.1 **Business Continuity (BC)**

OWBC has now completed all team level BC plans. The OWBC overarching Framework has also been completed and signed off. Team BC exercises have begun and will be running until the end of December.

### 3.2 **Emergency Centres and Loggists**

Briefings will be delivered to identified Tier 1 Emergency Centres in the Borough, in order to reiterate the relevant requirements for these external venues to act as Emergency Centres, in the case of a major incident. Loggist recruitment and training has also been undertaken. Work is currently taking place to design an E-learning module for Emergency Centre Managers.

### 3.3 **Training**

OWBC staff have attended a range of Emergency Planning training sessions. In June, Leicestershire Police Headquarters hosted the Resilience Partnership Engagement Day which covered a range of topic areas including good practice in responding to an emergency. Other topic areas included the impact of a power outage.

### 3.4 **Oadby Community Response Group**

Over the last 12 months volunteers from across Oadby have come together from schools, faith and community groups and the local library to create the Oadby Community Response

Team. With guidance and endorsement from the Leicestershire Resilience Partnership and Oadby & Wigston Borough Council, as well as support from Councillors, the group has now developed a Community Response Plan for the Oadby area.

The Emergency Services will always prioritise those in greatest need, especially where life is in danger. However, there may be times when the community is affected by an emergency but lives are not in immediate danger.

The Oadby Community Response Plan sets out how the group will come together to respond to an emergency and outlines ways they can work to keep their fellow residents safe. Following the successful development of the plan, the group was presented with £600 worth of funding from the Resilience Partnership for a Community Emergency Store of useful equipment, to help them respond to an emergency. A copy of the plan can be found in Oadby Library.

Community leads, volunteers and individuals from the Wigston or South Wigston area are currently being sought, in order to create a similar plan for these areas of the Borough. Councillors are encouraged to promote this opportunity to their localities. Those interested in progressing a local plan should contact the Resilience Officer Kim Jebson-Hambly: [kimberly.jebson-hambly@leics.gov.uk](mailto:kimberly.jebson-hambly@leics.gov.uk)

#### **4. Forthcoming Events In Quarter Two (July - September 2018)**

##### **4.1 Supersonic Boom**

Work on the Borough's annual Supersonic Boom event was carried out in preparation for the event on Wednesday 15 August at Blaby Road Park from 1:00 p.m. to 5:00 p.m. A total of 40 stall holders have been confirmed, representing local businesses, charities and youth groups. Performers have been confirmed to provide 4 hours of entertainment during the day, in addition to family-friendly activities and a range of catering. A full review will be included in the Quarter Two report.

##### **4.2 Amphitheatre Performance**

Brocks Hill Country Park is once again hosting an external theatre company to provide an outdoor theatre production. Folksy Theatre will be providing two performances of the Princess and the Giant. These performances are scheduled for Thursday 16 August at 11:00 a.m. and 2:00 p.m. A profit share arrangement has been negotiated; a box office split of 70% sales to Folksy and 30% to OWBC. As with Supersonic Boom, a full update will be included in the Quarter Two report.

#### **5. Community Engagement**

5.1 The following provides a brief update about the range of engagement opportunities that have recently taken place. Community engagement has taken place with over 25 Third Sector groups, through the provision of information relating to the theme of loneliness and isolation and community learning opportunities e.g. 'Changemakers' Level 1 certificate in community development. Other meetings have been held with external organisations e.g. Age UK Wigston and the Sangam Asian Women's group to assist with funding bids.

##### **5.2 Community Engagement Forum**

The Community Engagement Forum was held on 12 June; this particular meeting was used to celebrate Mental Health week 2018. It showcased a mini community market-place used as a networking opportunity, in addition to providing attendees with the latest information about new funding streams and government introduction of Universal Credit.

### 5.3 **Oadby, Wigston and Blaby Mental Health Forum**

This Forum meets bi-monthly. The membership consists of a diverse range of community groups and voluntary organisations. It addresses mental health and wellbeing specifically and brings together those projects which link into the Oadby and Wigston Health and Wellbeing Board key priorities.

### 5.4 **Residents' Forum**

The three Town Centre Residents' Forums were held in June and July. Attendance was good and matters arising related to a number of common themes such as library services; wheelie bins & recycling and housing developments.

### 5.5 **Defibrillator Training**

Three workshops (based in Town Centre localities), will be hosted by OWBC in order to inform interested residents about how to use a Defibrillator. These workshops will be delivered by Oadby and Wigston Community First Responders.

## 6. **Leisure Contract Update (June and July 2018)**

### 6.1 **Participation**

The two month period (June and July 2018) saw 153,445 visits at Parklands Leisure Centre, Wigston Pool & Fitness Centre and the Brocks Hill Centre. This is compared to 150,574 for the same period last year. Swimming has shown a 4% increase with fitness showing a like for like performance. Participation also includes 598 attendances for educational and holiday activities at Brocks Hill in June and July.

### 6.2 **Programmes & Events**

Wedding parties in the Function Suite and children's birthday parties for climbing, softplay and karting have been extremely popular in this period. The activity room at Brocks Hill Centre has hosted a number of bookings including Blood Bank, Senior Citizens and 'early years' dances.

### 6.3 **Community engagement**

Community engagement in targeted areas is important to Everyone Active/SLM; their aim is to encourage people who might not otherwise take part in activity. Particularly pleasing during this period has been the Falls prevention classes which have been very well received with over 1,000 visits since April – a four-fold increase compared to last year. These classes have been receiving a great deal of positive attention from neighbouring authorities and organisations, earning a well-deserved reputation. Active Life for older adults has seen a 14% increase in participation with over 4,000 visits since April. Also very pleasing has been the uptake in free swimming in the school holidays with 896 visits in July alone (compared to 558 in July 2017).

### 6.4 **Profit Share Arrangement**

By request, a brief summary of the profit share arrangement as per the contract between the Council and SLM/Everyone Active: The arrangement is for the whole contract and not broken down per site because the management fee paid by SLM to the Council is for the whole service as per the tendered contract. This is shown as:

**a – b = c**

**a)** The profit or loss position of the contract (income minus expenditure)

- b) The payment of a management fee by SLM to OWBC
- c) Potential surplus resulting from the above aggregate

Only if 'c' is positive then:

$$c - d = e$$

- c) Potential surplus resulting from 'a' minus 'b'
- d) Profit threshold as per contract
- e) Surplus profit to share 50/50 between SLM and OWBC (only if there is a surplus profit resulting from 'c' minus 'd')

This arrangement has been supplemented by the addition of Brocks Hill in 2018 and is based on exactly the same criteria as the original contract. The reason this is in addition and not separate from the main contract is because the additional income and expenditure at both the Brocks Hill Centre and Parklands are inextricably linked due to the transfer of cost and activity space between the two facilities. The Brocks Hill agreement has placed the emphasis on SLM generating enough 'new income' (minus associated costs) from climbing and softplay to offset the loss-making Brocks Hill Centre (circa £100k pa).

The profit share for the last full Contract Year, December 2016 to November 2017, was £15,000 surplus profit to Oadby and Wigston Borough Council.

#### 6.5 **Overflow Car Park - Parklands Leisure Centre**

The overflow car park works are complete which has been good timing with the school holidays now upon us. There are a total of over 350 spaces available between the main car park, the overflow car park and Brocks Hill.

#### 6.6 **Footpath Wigston Road, Oadby to Parklands Leisure Centre/Brocks Hill**

In line with planning permission the new footpath has been completed with materials approved by the Development Control Committee, which is in keeping with the surrounding environment. Further work will be carried out on the installation of knee rails along the footpath to provide a barrier between the path and parking vehicles.



Photograph of new footpath.